



# CISS at *Quest U* International Language Camp

©SQUAMISH, B.C.©

- ages 10 - 17
- residence accommodation
- 15 hours ESL per week

## *The Quest U Adventure*

Ideally located in the town of Squamish, on the Sea-to-Sky Highway midway between Vancouver and Whistler, our CISS at Quest U programme offers outdoor adventures and city exploration, all while enhancing English proficiency. Students take advantage of the new and modern university facilities for sports and other pursuits, while excursions into both Vancouver and Whistler showcase the best that the Canadian Pacific coast offers. Come join the Quest U adventure!

- 2, 3, or 4 week sessions - July & August
- Canadian Pacific Coast location in beautiful British Columbia
- Spectacular modern university campus, located between Vancouver and Whistler
- 15 hours of ESL instruction per week
- Weekly Excursions:  
1 Full Day • 1 Half Day • Nature Sundays
- Condo-style suite residences
- Wide variety of activities to meet the interests of both urban and outdoor enthusiasts alike

## *Accommodation*

shared

- Four students share a condo-style residence suite
- Each suite features two twin bedrooms, each with its own full ensuite bath (ratio of 2 per ensuite)
- Each suite also offers a living area, kitchenette and study space, as well as amazing mountain views
- Boys and girls are accommodated separately and placed according to age
- Counsellors reside on each residence floor providing supervision

## *Meals*

full board

- 3 meals are served daily
- All meals are served in the university dining hall, and feature a choice of meal options and full salad bar

## *ESL Language Programme*

15 hours/week

- 1 hour = 60 minutes
- Maximum of 15 students per class - internationally mixed
- Professional, qualified instructors
- Communicative methodologies for fast learning results
- English level placement test on first day
- 4 levels of ESL - from beginner to advanced

## *Facilities*

- Spacious, modern and air-conditioned classrooms
- Modern dining hall
- Residences (sheets, pillows, blankets included)
- Athletic and recreational centre including full size gymnasium
- Outdoor tennis courts
- Indoor Squash courts
- Sports fields and facilities
- Library with open-use computers and internet (first come basis)
- Common rooms and lounges with access to TV, music and vending machines
- Pay telephones located in each residence building
- Medical centre / hospital (8 km)
- Coin-operated laundry facility



[www.ciisscanada.com](http://www.ciisscanada.com)





## Sample week at programme

Sunday	At leisure // Arrivals		PM	Nature Sundays* // Welcome activities
Monday	AM	ESL lessons	PM	Activity Periods I - III / Evening Programme
Tuesday	AM	ESL lessons	PM	Activity Periods I - III / Evening Programme
Wednesday	AM	ESL lessons	PM	Activity Periods I - III / Evening Programme
Thursday	<b>FULL DAY EXCURSION</b>			
Friday	AM	ESL lessons	PM	<b>HALF DAY EXCURSION</b>
Saturday	AM	ESL lessons	PM	On campus / Optional activity

\*Sunday activities include excursions to local natural attractions for hiking, swimming, and exploring. All students participate, except for those students who are arriving on that day.

### Daily Fun:

The afternoon programme is structured around three 1-hour activity periods, 3 afternoons weekly. Students will be able to select from a wide variety of activities offered each week.

#### AFTERNOON ACTIVITIES:

Archery • Arts & Crafts • Basketball • Dance • Frisbee Golf • Geo-Caching • Guitar • Mountain Biking • Outdoor Living Skills • Soccer • Tennis • Volleyball • Yoga

#### EVENING PROGRAMME:

Discos • Field Games • In-house videos • Skit nights • Social Games • Sports Challenges • Talent Shows

#### EXCURSIONS:

**FULL DAY:** Vancouver City Tour • Whistler Village tour with Peak Gondola & Beach • Stanley Park & Kiahowya Native Village • Grouse Mountain & Shopping

**HALF DAY:** BC Museum of Mining & Shannon Falls • Capilano Suspension Bridge • Vancouver Aquarium • Whistler Olympic Park

#### OPTIONAL ACTIVITIES:

(average spending is approx. \$50 - \$150 CAD per week)

Canoeing/Kayaking • Local Festivals • Movie Nights • River Jet Boating • River Rafting • Rock Climbing • Swimming • Ropes Course

### Programme Package includes:

- 15 hours ESL per week with materials
- Accommodation
- 3 meals daily
- 1 Full Day & 1 Half Day excursion weekly
- 3 afternoon activities, 3 days weekly
- Nature Sundays (local excursions)
- Supervision
- Vancouver airport meet & greet + transfer to/from campus
- Emergency medical + dental insurance to \$100,000 CAD
- Bed linen changed weekly
- CISS certificate upon completion of course study

Due to the nature of certain activities, students must bring proper hiking footwear

#### NATURE SUNDAYS:

Each Sunday, students have the opportunity to enjoy and experience some of the most spectacular natural beauty inherent to Canada's West Coast. Whether hiking up the various mountain paths or enjoying a swim in a clear and pristine lake, these outings are sure to be a highlight of every student's stay.



Residential Condo living



Modern Classrooms



Wide variety of sporting activities

For more information or to register, please contact:

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