



Swallowdale

International Summer Camp

◎ HUNTSVILLE ◎

- ages 7- 15 | LIT Programme at 16 years
- cabin accommodation
- 10 hours ESL per week (optional)
- daily water and land sports and arts activities

Swallowdale Camp is where adventures begin. Imagine spending a summer sailing, canoeing, or kayaking on a beautiful Muskoka lake, mountain biking through natural forest trails, or singing songs around a campfire...all this and more happens at Swallowdale Camp. Since 1943 Swallowdale has welcomed campers from Canada and around the world to its 30 hectares of forested hills and open playing fields on the shores of Fairy Lake.

- 2, 3 or 4 week sessions in July & August
- Traditional Canadian Summer Camp located in the beautiful Muskoka resort region of Ontario (3 hours north of Toronto)
- Integration with Canadian campers
- Water sports, land sports and art programming
- ESL instruction is optional
- LIT (Leader-In-Training) programme for campers aged 16 years who are looking to develop leadership skills

Accommodation

shared

- Cabins accommodating 8-12 campers
- Each cabin has a toilet, sink and electricity
- Additional washroom and shower facilities are centrally located
- Campers are separated by age and gender
- Counsellors live in the cabin with campers, providing supervision

Meals

full board

- 3 meals + an evening snack daily
- All meals are served in the camp dining hall
- Meals are accompanied by traditional songs and games, making camp mealtimes memorable experiences

Sports & Arts Programme

- 5 x 1-hour activity periods five days per week
- Campers select their instructed activities from a wide range of water and land sports, as well as specialty programming
- All activities operate in one-week blocks ensuring solid skill development

ESL Language Programme

10 hours/week

- 1 hour = 60 minutes
- Max. of 15 students per class
- Professional and qualified instructors
- Communicative methodologies for fast learning results
- 3 levels of ESL - beginner to advanced
- Replaces 2 of the 5 daily activities

Facilities

- Cabins
- Dining hall
- Classroom and art hut
- Woodworking shop
- Sport & archery fields
- Outdoor tennis & basketball courts
- Extensive sandy-beach waterfront for swimming, boating, canoeing, kayaking and sailing
- 30 hectares of wooded land with walking and biking trails
- Infirmary with health-care provider on campus



www.ciSScanada.com



Sample week at programme

| | | | | |
|-----------|---|------------------------|----|--|
| Sunday | | At leisure // Arrivals | PM | Theme day |
| Monday | AM | Activity Periods 1-3 | PM | Activity Periods 4-5 / Leisure / Evening Prog. |
| Tuesday | AM | Activity Periods 1-3 | PM | Activity Periods 4-5 / Leisure / Evening Prog. |
| Wednesday | SHOPPING TRIP to Huntsville OR Optional FULL DAY EXCURSION | | | |
| Thursday | AM | Activity Periods 1-3 | PM | Activity Periods 4-5 / Leisure / Evening Prog. |
| Friday | AM | Activity Periods 1-3 | PM | Activity Periods 4-5 / Leisure / Evening Prog. |
| Saturday | AM | Activity Periods 1-3 | PM | Activity Periods 4-5 / Leisure / Evening Prog. |

Daily Fun:

■ DAILY SPORT ACTIVITIES:

Archery • Basketball • Canoeing • Fishing • Kayaking • Mountain Biking • Sailing • Soccer • Swimming • Tennis • Volleyball • Water Aerobics • Windsurfing

■ DAILY SPECIALTY ACTIVITIES:

Arts & Crafts • Guitar (introductory) • Outdoor Survival • Woodworking

■ EVENING PROGRAMME:

Campfires • Cook-outs • Dances / Discos • Field Games • In-house videos • Overnight Camping • Special Interest groups • Sports challenges • Social games • Skit Nights • Talent Shows • Theme games & meals

■ ESL PROGRAMME:

10 hours language instruction per week designed for students whose first language is not English

■ EXCURSIONS:

INCLUDED: Shopping Excursion to Huntsville - operates every two weeks (may be combined with optional trip and substituted with shopping in another city)

OPTIONAL: Canada's Wonderland Amusement Park • Niagara Falls

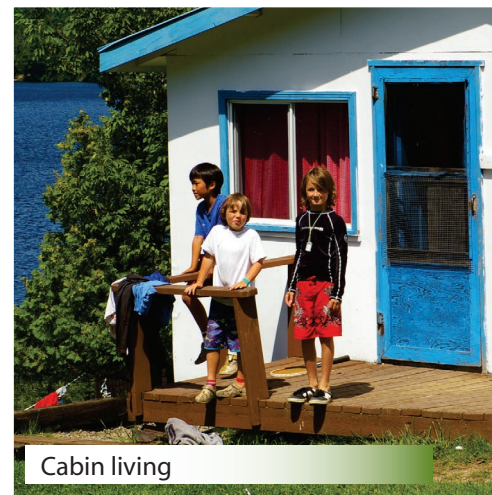
Programme Package includes:

- 10 hours ESL per week with materials (optional)
- Accommodation
- 3 meals daily + evening snack
- 5 periods of instructed sports/ activities daily
- Use of water safety equipment (life jackets, paddles) and sport equipment
- Shopping excursion
- Supervision
- Toronto airport meet & greet + transfer to/from campus
- Emergency medical + dental insurance to \$100,000 CAD
- Laundry service weekly
- Digital yearbook (available in December)
- CISS certificate upon completion of course study

** operates once every two weeks*

LIT - Leadership Training

- Available for boys/girls aged 16 years
- 3 or 4 week sessions
- Learn and develop responsibility and leadership skills
- Instruction in: teaching various camp activities, organizing and leading programmes, conflict resolution, teamwork, communication, Standard First Aid
- CISS Leadership certificate upon completion of course study



Cabin living



Beautiful lakefront and camp grounds



Water and land sports

For more information or to register, please contact:

Study Link

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